

Home Gardener's Weekly

Hi \$[UD:FIRST_NAME|Gardener|Gardener]\$,

This time of year, there's a certain kind of momentum that starts to build in the garden—things are growing, ideas are flowing, and it's a little easier to picture what's possible. In this week's Home Gardener Weekly, we're keeping it simple and practical with a few ways to **add more fresh food to your plate without adding more complexity**—from easy-to-grow microgreens, to simple ways to use what you harvest, to making confident choices when you're setting up your beds.

A Simple Way to Get More Greens

Did you know most people are recommended to eat **2–3 cups of leafy greens a day**? If that feels like a lot—or you're just tired of the same old lettuce—you're not alone. The good news is, there are **hundreds of greens you can enjoy**, many with fresh, bold flavors you won't find at the grocery store. And one of the easiest ways to start adding more variety (without overthinking it) is with **microgreens**.

Microgreens are one of those simple wins—**ready in just 7–14 days**, packed with nutrients, and easy to grow right on your countertop. No big garden, no complicated setup—just fresh, vibrant greens when you want them. It's a big reason more gardeners are choosing to **grow their own instead of relying on the store**, especially when they want something fresh, flavorful, and truly nourishing.



Inside this guide, you'll learn how to grow **sprouts, microgreens, salad mixes, and even braising greens**—all from home, even in a small space. There's also a **step-by-step video** to walk you through it, so you can get started with confidence. If you've been wanting an easy, nourishing win in your kitchen (and your garden), this is a great place to begin.


[>> Discover how to Grow Your Own Greens](#)

Tiny Greens, Big Flavor: Easy Ways to Use Microgreens

If you've been curious about microgreens but aren't quite sure what to do with them once you grow them, this blog is full of simple inspiration.



From sandwiches and wraps to soups, eggs, smoothies, salads, and more, microgreens are one of the easiest ways to add fresh flavor and nutrition to everyday meals. They may be tiny, but they bring a surprising amount of color, texture, and variety to your kitchen.

Whether you're already growing microgreens or just thinking about getting started, these recipe ideas will help you move beyond “garnish” status and actually use what you grow. 

[Read >> Delicious Microgreens Recipes](#)

What Soil Should You Actually Buy for a Raised Bed?

If you've ever stood in the garden center staring at stacks of soil bags... you know how confusing it can get. “Topsoil,” “garden soil,” “raised bed mix”—they all sound similar, but choosing the wrong one can set your garden back before you even start.

This quick Q&A video breaks it down simply so you know **exactly what to look for (and what to avoid)**. Learn why **garden soil is usually the better choice for raised beds**, how to spot the **OMRI listing for organic quality**, and which trusted brands—like Dr. Earth and FoxFarm—consistently deliver great results. You'll also learn the **sneaky ingredients** that can show up in “organic-looking” bags... so you don't waste money on the wrong product.





[Watch the video and choose the right soil with confidence](#)

Gardeners have their own version of a 'big catch'...



Wherever you're at in your garden right now—just getting started, experimenting, or already harvesting—remember, it doesn't have to be complicated to be meaningful. A small tray of microgreens, a simple recipe, or choosing the right soil... these are the kinds of steps that build confidence and momentum over time.

We're so glad you're growing with us.

 [The Grow Your Own Vegetables Team](#) 

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