

Home Gardener's Weekly

Hi \$[UD:FIRST_NAME|Gardener|Gardener]\$,

This time of year, gardens can seem to change overnight.

Tomatoes suddenly start taking off, plants grow faster than expected, and the small choices we make now can have a huge impact on the harvest later this summer. It's one of the reasons we love this season so much — there's always something new to learn, adjust, and improve in the garden.

This week, we're sharing a few superfood gardening resources to help you grow healthier, more productive plants with less overwhelm.

FREE RESOURCE: Super Soil for Superfoods

Healthy plants start with healthy soil.

If you want more nutrient-dense vegetables, stronger plants, and a more resilient garden, your soil matters more than almost anything else.

This free resource shares simple ways to improve soil health naturally and create the foundation for a thriving superfood garden.

[Download the Super Soil Resource Today](#)



COMING SOON: The 10th Anniversary Superfood Garden Summit

SUPERFOOD GARDEN SUMMIT FREE & ONLINE
JUNE 2-5



15 Experts Guiding You to Fresh Food Abundance

The free online summit begins June 2nd and features expert sessions on:

- ✓ Growing nutrient-dense food
- ✓ Fruit trees & food forests
- ✓ Soil health
- ✓ Harvesting & preserving
- ✓ Garden lifestyle & sustainability
- ... and much more

It's shaping up to be the garden event of the summer — and we can't wait to share it with you. If you haven't registered yet, you can save your free seat here:

[Register for the Summit](#)

10 Tomato Growing Hacks That Actually Work

Want healthier tomato plants and bigger harvests without making gardening more complicated?

In this week's featured video, we're sharing practical tomato growing tips that can help improve production, reduce common problems, and make caring for your plants easier this season.



[VIDEO !\[\]\(4186b6ce3a1c83eabb297c1bfd00309c_img.jpg\) How to Grow More Tomatoes with Less Work](#)

If you're looking for fresh inspiration, practical strategies, and encouragement from experienced gardeners and experts, we'd love to have you join us for this year's extra-special Superfood Garden Summit.

Every year, this event brings together thousands of gardeners who want to grow healthier food, become more self-reliant, and create gardens that truly nourish their lives. Whether you're just getting started or have years of experience, there's something here to help you grow with more confidence and joy.

See you in the garden,

 [The Grow Your Own Vegetables Team](#) 

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