

Home Gardener's Weekly

What's growing on, \$[UD:FIRST_NAME|Gardener|Gardener]\$ 😊

This time of year, everything starts coming together in the garden. Seeds are going in, blossoms are showing up, and you can almost taste what's coming next. 🌱

This week's edition of **Home Gardener's Weekly** shares that it's not just about growing food. It's about what that food becomes... on your plate, in your kitchen, and in your daily life. That's what we're diving into this week.

🍴 From Garden to Plate: What You Grow... Matters

If you love fresh, homegrown food, this will resonate with you. The *Food Revolution Summit Docuseries 2026* is bringing together powerful insights about what truly nourishes your body—from the soil your food is grown in to what ends up on your plate.

If you missed the world premiere last week, here's your second chance.

This weekend only, you can watch all 8 episodes for free.

You'll discover:

- What today's nutrition science is really saying
- How to make simple, healthier food choices
- Easy recipes and tips you can use right away

Last Chance:
Watch the Entire Summit

Get Full Replay Access
This Weekend Only

May 1-3



[>> Watch it before free access ends Sunday night](#)

🐛 Aphids Attacking Your Plants? Here's What to Do

What if your yard could be both beautiful and productive? This month's Thriving Gardener Masterclass with **Michael Kilpatrick** is happening live this Tuesday, May 5th!



He will share how to blend food into your existing landscape using simple "foodscaping" strategies—no traditional garden required.

In this free live training, you'll learn how to:

- Incorporate **edible plants into your current space**
- Choose **easy, high-impact perennials** like berries and herbs
- Plan and place plants for a **low-maintenance, productive setup**

[Register to attend and get your edible landscape questions answered](#)

🐛 Aphids Attacking Your Plants? Here's What to Do

If your plants are suddenly struggling, aphids might be the culprit—and they're not all the same.



In this quick video, we break down the difference between common green aphids and the more aggressive cabbage aphids, plus the surprising role ants play in making the problem worse.

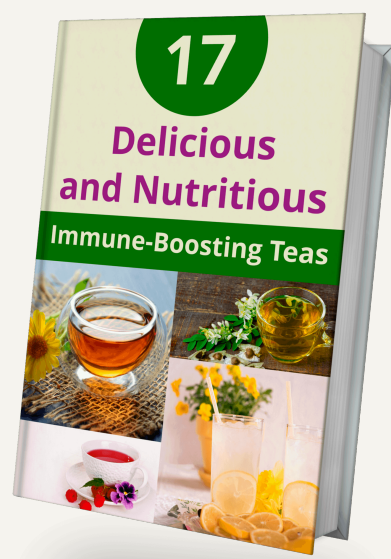
You'll also learn a simple, effective organic spray using soap and canola oil to stop them fast—without harming your plants. Catch them early, and you can protect your harvest before serious damage is done.

[Watch Video Here](#)

☕ 17 delicious immune-boosting tea

If you're already growing herbs or enjoying fresh ingredients from your garden, this is a beautiful next step. This free guide, "17 Delicious and Nutritious Immune-Boosting Teas," shows you how to turn simple ingredients into soothing, powerful blends that support your body naturally.

Inside, you'll discover easy teas that deliver a full dose of Vitamin C, time-tested remedies to calm digestion and soothe sore throats, and simple ways to use everyday ingredients to support your immune system.



[Get Your Guide Today](#)

🥕 Ready to Take Fermenting a Step Further?



If last week's fermentation blog got you curious, this is your next step.

The Funky Fermentation course walks you through simple, doable ways to turn your fresh veggies into flavorful, gut-friendly foods—without overwhelm.

[Explore the World of Fermentation Today](#)

🌸 Spring Is Waking Up the Garden

Spring is showing off in the garden right now ... blueberry blossoms, freshly planted strawberries settling in, and borage already buzzing with life. Even the "not-so-micro" microclover I planted last fall is doing its job beautifully, spreading out to cover bare soil and keep weeds at bay. It's a good reminder that every layer we add (flowers, fruit, groundcover) works together to create a thriving, resilient space.



No matter where you are right now, planting your first seeds or already harvesting, it all counts. Every step you take toward growing and using your own food is a step toward something better.

We're glad you're here and part of this community.

Happy Gardening!

🌱 [The Grow Your Own Vegetables Team](#) 🌱

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