

Home Gardener's Weekly

Hi \$[UD:FIRST_NAME|Gardener|Gardener]\$,

There's a lot happening in the garden right now... even if it doesn't feel like it yet.

You might be pruning, noticing those first buds, or starting to think about what you want to grow this season. It's that in-between stage where a few simple decisions can make everything feel easier—or a lot more complicated.

In this week's *Home Gardener Weekly* newsletter, we're keeping things simple:

- 🌱 an easy way to start growing (no matter your space)
 - 🌱 a common compost mistake to avoid
 - 🌱 and a little support for your energy so you can actually enjoy it all
- ... and more!

🌱 Why Container Gardening Just Works

There's something really encouraging about this time of year... Maybe your garden beds aren't fully planted yet. Maybe you're still waiting on the weather to settle. Or maybe you're wondering how to grow more food with the space you have.



Benefits of Container Gardening

That's where container gardening can make all the difference. Whether you're working with a patio, a deck, or even just a sunny windowsill, containers open up so many possibilities—giving you flexibility, control, and a simple way to start growing right now. In this week's feature, we're sharing some of the biggest benefits of container gardening—and why it might be one of the easiest ways to get started (or expand what you're already growing).

[Read the full article here](#)

🗿 The Compost Mistake Most Gardeners Make

Think more compost automatically means a better garden? It's a common assumption—but it's not always true. In this short Q&A excerpt, Stacey breaks down why using too much compost can actually cause problems (like root rot and poor plant growth)... and what to do instead for healthy, thriving soil.



[Watch the Compost Q&A Here](#)

🌱 More Energy for What You Love

Gardening is something many of us love... but it also takes energy.

Whether it's getting outside to prep beds, water, harvest, or even just stay consistent week to week—having the energy to do the things you enjoy makes all the difference.

That's why we wanted to share this upcoming free training from Ari Whitten. In this session, he breaks down how simple, science-backed breathing techniques can help boost your energy, reduce brain fog, and support your overall vitality—sometimes in just a few minutes a day.

[Reserve Your Spot Today](#)

🌱 Take the Next Step with Container Gardening

If container gardening has been on your mind this week... this might be the perfect next step.

One of the things we hear most often is that getting started feels simple, but knowing what actually works (and what to avoid) can make all the difference between thriving plants and frustration.

That's exactly why we created the Container Gardening Micro Course.

Inside, you'll learn a simple, step-by-step approach to choosing the right containers, soil, and plants—so you can grow with confidence, even in a small space.



If you're ready to make container gardening feel easier (and more successful), you can take a closer look here:

[Learn more about the Container Gardening Course](#)

📷 In the Garden This Week

The garden is starting to wake up in the sweetest ways. My fig cutting from last year is beginning to bud, the first tulip has popped up, and the artichoke is coming in strong. And then there are the little surprises—like a tiny yellow flower that appeared out of nowhere, likely a gift from a passing bird.

It's always a good reminder that growth is happening... sometimes in ways we don't expect.



It doesn't have to be perfect to get started, it just takes a few simple steps in the right direction.

Keep going, keep learning, and enjoy the process as your garden comes back to life. We'll be here with you each step of the way.

To your garden,

🌱 [The Grow Your Own Vegetables Team](#) 🌱

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