

Home Gardener's Weekly

This time of year always brings a quiet kind of excitement in the garden. Tiny seedlings begin to appear, plans for the growing season take shape, and each small step feels like progress toward the abundance ahead.

In this week's edition of *Home Gardener's Weekly*, we're sharing a few things to inspire your garden journey, from seed-starting season and creative garden hacks to a masterclass on building stronger local food communities through seeds.

Plant-Based Meals Made Simple

Thinking about eating more plants... but still wondering about protein?

Many people ask the same questions:

Do plants really provide enough protein? Is plant protein "complete"? Do you need special supplements or complicated food rules?

These questions often stop people from experimenting with more plant-based meals.

Inside the free **Plant-Based Beginner's Bootcamp**, you'll learn what the research actually shows about plant protein — and why getting enough is often much simpler than people expect.



You'll also see how it can turn into real, satisfying meals you'll actually want to make, like:

-  Pina Colada Chia Seed Pudding
-  Vegan Mediterranean Protein Bowl with Tofu Feta & Lemon Tahini Dressing
-  Vegan Mexican "Chicken" Tortilla Soup
-  5-Minute Reese's Peanut Butter Cup Chocolate Mug Cake

Grab the recipes, and explore a few new plant-powered meals.

[Join the Free 4-day Challenge](#)

From Seed to Community: Growing Abundance Together

Seeds are the starting point of every harvest—but they're also the foundation of stronger local food systems.



In our latest **Thriving Gardener Masterclass**, Greg Peterson shares how abundant seeds and simple sharing practices can expand what's possible in your garden and your community.

You'll learn why seed access matters, how open-pollinated varieties support long-term garden success, and simple ways gardeners are building local seed abundance through sharing and community events.

[Watch the masterclass replay today](#)

In the Garden

Seed starting season is underway! Are you starting seeds indoors yet?

These tiny seedlings are a small but exciting reminder that the growing season is on its way.



Four Hacks That Solve Almost Any Garden Problem



Garden hacks aren't just clever tricks—they fall into four simple categories that can solve almost any gardening challenge. Using the everyday problem of lost hand tools, this video shows how gardeners can solve problems with physical solutions, DIY fixes, habit shifts, and clever backup systems that still work when everything else fails. Once you see these four types of hacks, you'll start spotting creative solutions all over your garden.

[Watch It Here](#)

Choose, Grow, and Save Seeds With Confidence

Seeds are the foundation of every thriving garden, but understanding them can feel surprisingly confusing. What do all those terms on seed packets really mean? Which varieties will grow best in your garden? And how can you start saving seeds so your garden becomes more resilient and productive each year?

Our **Seeds Micro Course** helps demystify the world of seeds so you can make confident choices when buying, planting, and saving them. In four concise lessons, you'll learn how to read seed labels, choose varieties that match your space and climate, grow strong seedlings, and begin saving your own seeds for future harvests.

If you're ready to grow with more confidence—and unlock the full potential of seeds in your garden—you can learn more about the course here. 



[Learn about the Seeds Micro Course](#)

A seed's view as the gardener is waiting for it grow....



Gardening has a way of reminding us that small beginnings can lead to something wonderful—whether it's a tiny seedling on your windowsill or a simple idea that grows into a thriving garden.

We're glad to be growing alongside you.

Happy Gardening!

 [The Grow Your Own Vegetables Team](#) 

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